

Race: _____

Date: _____

Boat Call: _____

Section: _____

Name	Position	Start	Up Wind	Tack	Spin Set	Down Wind	Gybe	Takedown
	Helm	Steer	Steer	Steer	Steer	Steer	Steer	Steer
	Tactician	Tactics	Tactics	Tactics	Tactics Mast as Needed	Tactics	Tactics	Tactics Human Pole
	Main	Main. Ease Main 2 nd to Slow Down.	Main - Power and Depower. Ease to Duck!	Main Clear Backstay	Set Control Lines. Ease Main First to Bear Off at Mark.	Pump Main on Waves	Trim Main Center Boom Release Boom	Control Lines. Harden Main at Mark.
	Trimmer	Trim Jib. Ease Jib First to Slow Down.	Trim Jib	Trim Jib Break Trim Jib	Ease Jib 2 nd at Mark Trim Spin Sheet	Trim Spin Sheet Call Pressure Pump Sheet on Waves	Rotate Spin. Trim Spin Sheet & Guy.	Release Spin Sheet & Guy. Trim Jib
	Grinder	Grind	Call Puffs and Waves	Grind	Set Spin Sheet & Guy, Tweakers and Downhaul.	Trim Guy Trim Downhaul Trim Topping Lift	Ease downhaul Assist Rotate Set Tweakers	Set Jib Sheet for Reach. Sewer
	Pit	Clean Lines	Call Puffs and Waves	Rail Track Tacks	Set Topping Lift Lock Spin Halyard Drop Jib Halyard	Steady Boom Call Puffs and Waves	Topping Lift Mast Assist	Topping Lift Halyards Downhaul
	Foredeck	Call the Line	Clean Lines Ready Spin	Clears Clew Skirts Jib	Set Pole Manually Jump Spin Gather Jib	Set Inboard Pole Height Clean Lines Ready Jib after Last Gybe	Gybe Pole	Jump Jib Store Pole Gather at Rail

(Remember, many times specific duties are particular to a boat's specific set up. Please modify these duties as appropriate for your boat.)

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Start: _____ Wind: _____ kts Steady/Changing to: _____ kts at _____. Waves: _____ ft.
Time Direction Speed Direction Speed Time

Radio Channel: _____ Start Area: _____ Jib Car: _____ Sails Upwind: _____ Downwind: _____

Shrouds: Uppers _____ Lowers _____. Halyards: Main _____ Jib _____. Outhaul: _____ Backstay: _____

Notes: _____