

T-10 Upwind, Optimum Boat Speed												
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TWS	1	2	4	6	8	9	10	12	14	16	18	20
Speed	.85	1.7	3.2	4.7	5.5	5.7	5.8	5.9	6.0	6.0	6.1	6.1
AWA	25	25	26	25	25	25	24	24	24	24	24	26
TWA	46	46	46	43	42	41	39	38	37	37	37	38
AWS	1.7	3.4	6.6	10	13	14	15	17	19	21	23	25
Mark	1	<T	T	1	1	1	2	2	2	3	3>	1r
DePower	Cunningham Off			Hike/Outhaul			BackStay			Traveler		Vang
VMG	.6	1.2	2.2	3.4	4.1	4.3	4.5	4.7	4.8	4.9	4.9	4.9
Heel	2	2	2	4	14	10	22	25	26	30	30	30
ΔTWA			80	90	85	85	85	95	95	100	105	110
Downwind, Optimum Apparent Wind Angle												
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TWS	1	2	4	6	8	9	10	12	14	16	18	20
Speed	.79	1.6	3.0	4.3	5.2	5.4	5.7	6.0	6.4	6.8	7.2	7.5
AWA	88	87	91	100	113	123	133	156	168	171	172	172
TWA	140	140	140	143	148	152	156	167	173	175	175	175
Gybe <	80	80	80	74	64	56	48	26	14	10	10	10
AWS	.6	1.3	2.6	3.7	4.7	5.1	5.6	6.7	8.2	9.8	11	13
Sail	1BR	1BR	1BR	1BR	3BR	3BR	2R	2R	2R	4R	4R	4R
Heel	1	1	1	1	1	1	1W	1W	1W	1	1	1
VMG	.6	1.2	2.3	3.5	4.4	4.8	5.2	5.9	6.4	6.8	7.2	7.5